

LUNCH MENU

The FUTURE of
FOOD

WEEK COMMENCING:

MONDAY

Main meal:

Pasta Bar with a selection of toppings.
Cheese, tomato sauce, Quorn
bolognaise & selection of vegetable.
Side: cheese, garlic bread, salad

Vegetarian meal:

Quorn & vegetable cottage pie served with
roast vegetable and rich gravy

TUESDAY

Main meal:

Shepherd pie served with roasted vegetables

Vegetarian meal:

Quorn & vegetable cottage pie served with roast
vegetable and rich gravy

WEDNESDAY

Main meal:

Roast chicken served with roasties fresh
vegetable stuffing & gravy

Vegetarian meal:

Garlicky mushroom penne pasta served with
garlic bread

THURSDAY

Main meal:

Cod fish fingers served with herb diced potato
& glazed carrots

Vegetarian meal:

Mixed bean & butternut Quesadillas served
with chilli wedges

FRIDAY

Main meal:

Beef burger served with chip & peas or baked
beans

Vegetarian meal:

Vegetable stir fry served egg fried rice

EVERYDAY

Yoghurt Pot
Mixed salad
Sliced Fruit
Whole fruit
Flapjack
Brownie
Jelly pot

Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE