

Lunch Menu

Week commencing: Monday 22nd May 2023



ELMHURST
SCHOOL FOR BOYS
AGES 3-11

Nurturing brilliance
in every boy

Monday

Meat free Monday
Homemade tomato/cheese sauce
Wholewheat fusilli / Free pasta
Homemade cheese and leek soup

Tuesday

Lamb hot pot
Vegetable hot pot
Steamed broccoli
Homemade coconut spinach soup

Wednesday

Chinese style chicken
Chinese style quorn
Rice
Sweetcorn
Homemade mushroom soup

Thursday

Pesto pasta bake
Peas and sweetcorn
Homemade cauliflower soup
Garlic bread

Friday

Fish fingers
Veggie fingers
Baked beans
Petit pois
Mini rostis/fries

Everyday

Wholewheat fusilli
Jacket/Sweet potatoes
Fresh fruit/ Yoghurts/ Jelly (V)
Fresh salad bar

Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard. *MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE*